

Hiawatha Valley League Girls Championships - 5/9/2015

Lake City High School

GIRLS TEAMS:

1) Byron	219	2) Lake City	128.50
3) Cannon Falls*	112	4) Kasson-Mantorville	85
5) Stewartville	84.50	6) Kenyon-Wanamingo	73
7) Pine Island	59.33	8) Zumbrota-Mazeppa	50.33
9) Rochester Lourdes	46	10) Hayfield	30.33
11) Triton	30		

Girls 100 Meter Dash

Meet Record: 12.64 1991 (hh+) Karla Stromme (Byron)

Name	Year	School	Seed	Finals	H#	Points
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Finals

1 Braeden McElmury	12	Lake City	13.19	13.34	4	12
2 Emma Thomley	11	Cannon Falls	13.35	13.35	4	10
3 Tessa Whitney	9	Byron	13.12	13.38	4	8
4 Grace Hall	9	Cannon Falls	13.66	13.66	4	6
5 Breanna Haag	11	Zumbrota-Mazeppa	13.83	13.73	4	5
6 Kinsey Koebele	9	Kasson-Mantorvil	13.52	13.75	4	4
7 Victoria Corey	11	Lake City	14.24	13.82	2	3
8 Beighley Leth	10	Kasson-Mantorvil	13.85	13.83	3	2
9 Grayce Adler	10	Lake City	14.12	13.85	2	1

Girls 200 Meter Dash

Meet Record: 25.74 1979 (hh+) Laurie Hernke (Cannon Falls)

Name	Year	School	Seed	Finals	H#	Points
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1 Bailey Cronin	12	Lake City	27.20	27.36	4	12
2 Taylor Wiebke	12	Kasson-Mantorvil	26.84	27.39	4	10
3 Tess Hokanson	9	Kenyon-Wanamingo	28.30	27.94	4	8
4 Rebecca Houston	12	Byron	28.01	27.96	4	6
5 Claire Ziller	11	Rochester Lourde	27.94	28.04	4	5
6 Angie Hoey	12	Cannon Falls	28.80	28.40	3	4
7 Rebekah Birgin	11	Kasson-Mantorvil	28.70	28.41	4	3
8 Abby Ziebell	10	Lake City	28.55	28.72	4	2
9 Emma Jensen	10	Byron	29.37	28.82	2	1

Girls 400 Meter Dash

Meet Record: 59.40 2001 Anna Moes (Rochester Lourdes)
Meet Record: 59.64 1988 (hh+) Liz Leaf (Lake City)

Name	Year	School	Seed	Finals	H#	Points
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1 Tess Hokanson	9	Kenyon-Wanamingo	1:01.66	1:01.36	4	12
2 Madison Heydt	12	Hayfield	1:04.19	1:02.92	4	10
3 Sara Schartau	9	Pine Island	1:05.46	1:03.86	4	8
4 Courtney Slowinski	8	Byron	1:05.01	1:04.74	4	6
5 Morgan Dammann	11	Lake City	1:04.80	1:04.99	4	5
6 Lexi Barth	11	Byron	1:06.13	1:05.75	4	4
7 Abby Gilliland	9	Triton	1:04.80	1:06.00	4	3
8 Anna Rechtzigel	9	Kasson-Mantorvil	1:08.43	1:06.02	3	2
9 Olivia Thomley	8	Cannon Falls	1:08.31	1:06.34	3	1

Girls 800 Meter Run

Meet Record: 2:18.30 2010 Laurel Ramer (Kasson-Mantorville)

Name	Year	School	Seed	Finals	H#	Points
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1 Taylor Kreitinger	8	Byron	2:24.52	2:22.93	3	12
2 Katherine Hoffman	11	Cannon Falls	2:26.39	2:25.89	3	10
3 Liv Kozlowski	9	Lake City	2:32.30	2:30.30	3	8
4 Skyler Jacobson	9	Zumbrota-Mazeppa	2:34.30	2:35.13	3	6
5 Nell Graham	9	Triton	2:45.89	2:37.54	2	5
6 Lizzy Bauer	11	Rochester Lourde	2:38.93	2:37.94	3	4
7 Allie Akervik	7	Byron	2:44.41	2:38.19	2	3
8 Mia Holscher	9	Cannon Falls	2:42.36	2:40.89	2	2

9 Taylor Rasmussen 11 Pine Island 2:48.47 2:41.50 2 1

Girls 1600 Meter Run

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Meet Record: 5:01.99 5/12/2012 Emi Trost, Cannon Falls
Name Year School Seed Finals H# Points
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1	Taylor Kreitinger	8	Byron	5:14.17	5:17.86	2	12
2	Chrissy Lofgren	11	Stewartville	5:26.19	5:28.27	2	10
3	Katherine Hoffman	11	Cannon Falls	5:28.00	5:32.89	2	8
4	Courtney West	9	Triton	5:40.71	5:35.54	2	6
5	Lauren Nepstad	7	Byron	5:37.04	5:35.99	2	5
6	Erin Leary	10	Rochester Lourde	5:40.55	5:39.63	2	4
7	Jocasta Adelsman	9	Pine Island	5:38.40	5:41.27	2	3
8	Skyler Jacobson	9	Zumbrota-Mazeppa	5:50.10	5:46.63	2	2
9	Nell Graham	9	Triton	6:01.78	5:46.84	2	1

Girls 3200 Meter Run

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Meet Record: 11:09.70 2009 Kyle Blakeslee (Cannon Falls)
Name Year School Seed Finals Points
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1	Chrissy Lofgren	11	Stewartville	12:05.34	12:00.95	12
2	Sidney Renelt	9	Lake City	12:10.23	12:21.78	10
3	Hannah Higgins	8	Byron	12:16.61	12:30.26	8
4	Catherine Degen	12	Rochester Lourde	12:19.17	12:31.08	6
5	Courtney West	9	Triton	13:06.10	12:41.20	5
6	Annika Johnson	7	Byron	12:57.24	12:41.62	4
7	Ellen Beckman	12	Rochester Lourde	12:40.17	12:56.19	3
8	Sophie Epps	8	Cannon Falls	13:25.20	13:20.26	2
9	Sydney Clausen	8	Stewartville	13:39.54	13:36.22	1

Girls 100 Meter Hurdles

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Meet Record: 15.54 1991 (hh+) Martha Harris (Byron)
Name Year School Seed Finals H# Points
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1	Mara Quam	10	Kenyon-Wanamingo	15.86	15.99	4	12
2	Emma Weatherly	9	Byron	16.24	16.33	4	10
3	Paisley Jones	12	Kasson-Mantorvil	16.55	16.58	4	8
4	Breanna Haag	11	Zumbrota-Mazeppa	17.24	16.84	4	6
5	Eliza Warneke	10	Pine Island	16.87	17.25	4	5
6	Brooke Hogan	11	Cannon Falls	17.31	17.40	4	4
7	Autumn Brandau	10	Byron	17.50	17.43	4	3
8	Juliana Boyum	7	Kenyon-Wanamingo	17.45	17.60	4	2
9	Libby Christenson	10	Stewartville	18.11	17.77	3	1

Girls 300 Meter Hurdles

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Meet Record: 45.90 5/10/2014 Brielle Bierman, La Crescent
Name Year School Seed Finals H# Points
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1	Emma Weatherly	9	Byron	48.47	48.01	4	12
2	Mara Quam	10	Kenyon-Wanamingo	48.42	48.62	4	10
3	Libby Christenson	10	Stewartville	50.14	48.73	4	8
4	Brooke Hogan	11	Cannon Falls	49.07	50.05	4	6
5	Breanna Haag	11	Zumbrota-Mazeppa	50.30	50.40	4	5
6	Riley Pennington	10	Lake City	51.90	51.20	3	4
7	Kendra Petersohn	9	Triton	51.59	51.76	4	3
8	Autumn Brandau	10	Byron	52.67	52.48	3	2
9	Eliza Warneke	10	Pine Island	49.80	52.54	4	1

Girls 4x100 Meter Relay

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Meet Record: 50.88 2009 Triton
Meet Record: 50.94 1989 (hh+) Byron
School Seed Finals H# Points
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1	Lake City	51.96	51.36	2	12
	1) Grayce Adler 10				
	2) Bailey Cronin 12				
	3) Victoria Corey 11				
	4) Braeden McElmury 12				
2	Kasson-Mantorville	52.70	52.63	2	10

1) Beighley Leth 10	2) Crystal Theobald 11				
3) Paisley Jones 12	4) Kinsey Koebele 9				
3 Byron	53.09	53.20	2	8	
1) Tessa Whitney 9	2) Connor Zamzow 10				
3) Hannah Coleman 10	4) Emma Jensen 10				
4 Stewartville	53.78	53.37	2	6	
1) Jordanne Huinker 12	2) Madisen Hart 12				
3) Mariah Terhaar 11	4) Emily Rinken 9				
5 Cannon Falls*	54.06	53.58	2	5	
1) Danielle Hansen 11	2) Karly Friedges 12				
3) Grace Hall 9	4) Taylor Jerde 9				
6 Pine Island	54.25	54.12	2	4	
1) Madison House 11	2) Cassidy Clementson 9				
3) Lexi Loats 11	4) Emily Klingsporn 9				
7 Kenyon-Wanamingo	55.90	55.75	2	3	
1) Sarah Benrud 11	2) Victoria Clouse 10				
3) Kaitlyn Vold 8	4) Kaela Horn 9				
8 Rochester Lourdes	56.43	56.27	1	2	
1) Sydney Allison 10	2) Katie Koostra 10				
3) Olivia Steinmetz 9	4) Alison Kielty 10				
9 Hayfield	57.05	56.29	1	1	
1) Kalli Jo Klocke 9	2) Elizabeth Klocke 11				
3) Abby Stasko 9	4) Emma Holst 9				

Girls 4x200 Meter Relay

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Meet Record:	1:46.84	1977	y (hh+)	Plainview		
School	Seed	Finals	H#	Points		
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1 Lake City	1:51.62	1:48.23	2	12		
1) Abby Ziebell 10	2) Madi Green 11					
3) Bailey Cronin 12	4) Braeden McElmury 12					
2 Cannon Falls*	1:50.39	1:49.46	2	10		
1) Danielle Hansen 11	2) Angie Hoey 12					
3) Grace Hall 9	4) Emma Thomley 11					
3 Pine Island	1:53.95	1:50.21	2	8		
1) Caitlin Schartau 12	2) Madison House 11					
3) Eliza Warneke 10	4) Brittney Arndt 10					
4 Stewartville	1:53.45	1:51.14	2	6		
1) Jordanne Huinker 12	2) Mariah Terhaar 11					
3) Lauren Mikel 12	4) Emily Rinken 9					
5 Kasson-Mantorville	1:53.64	1:52.17	2	5		
1) Ashlyn Liebenow 10	2) Crystal Theobald 11					
3) Rebekah Birgin 11	4) Sarah Bernards 11					
6 Byron	1:53.87	1:52.79	2	4		
1) Tessa Whitney 9	2) Rebecca Houston 12					
3) Courtney Slowinski 8	4) Paige Fode 9					
7 Rochester Lourdes	1:56.20	1:54.55	1	3		
1) Megan Patel 11	2) Grace Dearani 12					
3) Carley Hickey 11	4) Claire Ziller 11					
8 Kenyon-Wanamingo	1:56.80	1:55.73	1	2		
1) Megan Groth 10	2) Victoria Clouse 10					
3) Corynne Dahl 9	4) Tess Hokanson 9					
9 Triton	1:58.90	1:58.17	1	1		
1) Greta Rhodes 10	2) Abby Gilliland 9					
3) Piper Yankowiak 12	4) Kiley Yankowiak 9					

Girls 4x400 Meter Relay

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Meet Record:	4:04.34	2010	Kasson-Mantorville,	Kasson-Mant.		
School	Seed	Finals	H#	Points		
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1 Pine Island	4:20.09	4:15.00	2	12		
1) Sara Schartau 9	2) Caitlin Schartau 12					
3) Brittney Arndt 10	4) Jocasta Adelsman 9					
2 Byron	4:26.21	4:20.16	2	10		
1) Lexi Barth 11	2) Rebecca Houston 12					
3) Courtney Slowinski 8	4) Taylor Kreitinger 8					
3 Lake City	4:13.06	4:20.38	2	8		
1) Morgan Dammann 11	2) Madi Green 11					
3) Taylor Heitman 11	4) Riley Pennington 10					

4 Triton		4:26.55	4:23.22	2	6
1) Abby Gilliland 9	2) Sydney Gilliland 9				
3) Nell Graham 9	4) Kendra Petersohn 9				
5 Rochester Lourdes		4:29.55	4:24.50	1	5
1) Grace Dearani 12	2) Erin Leary 10				
3) Claire Ziller 11	4) Lizzy Bauer 11				
6 Cannon Falls*		4:21.87	4:24.96	2	4
1) Danielle Hansen 11	2) Angie Hoey 12				
3) Brooke Hogan 11	4) Katherine Hoffman 11				
7 Hayfield		4:28.71	4:25.46	1	3
1) Alexandra Louks 10	2) Abby Stasko 9				
3) Emma Holst 9	4) Madison Heydt 12				
8 Stewartville		4:26.21	4:26.46	2	2
1) Libby Christenson 10	2) Lauren Mikel 12				
3) Sydney Vrieze 9	4) Laura Pedelty 8				
9 Kasson-Mantorville		4:25.36	4:35.26	2	1
1) Sarah Bernards 11	2) Olivia Gossard 10				
3) Lara Boyum 10	4) Rebekah Birgin 11				

Girls 4x800 Meter Relay

Meet Record: 9:45.26 2010 Kasson-Mantorville, Kasson-Mant.
H Mikkalson, A Bratrud, A Manitz, L Ramer

School	Seed	Finals	Points
1 Lake City	10:18.90	10:02.66	12
1) Liv Kozlowski 9	2) Taylor Heitman 11		
3) Sidney Renelt 9	4) Morgan Dammann 11		
2 Pine Island	10:26.30	10:17.73	10
1) Caitlin Schartau 12	2) Sara Schartau 9		
3) Brittney Arndt 10	4) Jocasta Adelsman 9		
3 Byron	10:39.26	10:29.03	8
1) Allie Akervik 7	2) Hannah Higgins 8		
3) Annika Johnson 7	4) Lauren Nepstad 7		
4 Rochester Lourdes	10:44.07	10:33.38	6
1) Grace Dearani 12	2) Erin Leary 10		
3) Catherine Degen 12	4) Lizzy Bauer 11		
5 Cannon Falls*	10:59.00	10:43.43	5
1) Mia Holscher 9	2) Amanda Wulf 10		
3) Annika Thomley 10	4) Payton Cooper 9		
6 Stewartville	10:36.89	10:46.26	4
1) Marie Larson 11	2) Laura Pedelty 8		
3) Morgan Graff 10	4) Sydney Clausen 8		
7 Kasson-Mantorville	10:53.60	10:46.48	3
1) Brianna Griffin 12	2) Megan Badger 11		
3) Mckenzie Evans 9	4) Savannah Kundert 11		
8 Kenyon-Wanamingo	11:32.03	11:00.83	2
1) Alex Blomgren 11	2) Kasey Dummer 10		
3) Lauren Berg 9	4) Maddie Patterson 10		
9 Hayfield	11:49.00	11:47.87	1
1) Lillie O'Connor 9	2) Alyssa Knudson 12		
3) Megan Johnson 9	4) Paetyn Stadler 9		

Girls High Jump

Meet Record: 5-06 1991 Martha Harris (Byron)
Meet Record: 5-06 5/10/2014 Taylor Wiebke, Kasson-Manto

Name	Year School	Seed	Finals	Points
1 Taylor Wiebke	12 Kasson-Mantorvil	5-09.00	5-09.00	12
2 Madi Green	11 Lake City	5-01.00	5-02.00	10
3 Emma Weatherly	9 Byron	4-10.00	5-00.00	8
4 Libby Christenson	10 Stewartville	5-00.00	4-10.00	5.50
4 Taylor Heitman	11 Lake City	4-11.00	4-10.00	5.50
6 Kaly Banks	9 Cannon Falls	4-10.00	4-10.00	4
7 Lara Boyum	10 Kasson-Mantorvil	4-10.00	4-08.00	2
7 Angie Hoey	12 Cannon Falls	4-09.00	4-08.00	2
7 Mariah Terhaar	11 Stewartville	5-02.00	4-08.00	2

Girls Pole Vault

Meet Record: 11-00 2008 Shannon Stever (La Crescent)

Name	Year	School	Seed	Finals	Points
1 Hannah Coleman	10	Byron	10-00.00	10-06.00	12
2 Mariah Terhaar	11	Stewartville	10-03.00	10-00.00	10
3 Autumn Brandau	10	Byron	9-00.00	9-00.00	8
4 Lauren Mikel	12	Stewartville	9-06.00	9-00.00	6
5 Leah Anderton	10	Pine Island	7-06.00	8-06.00	5
6 Savanna Cordle	11	Hayfield	7-00.00	7-06.00	4
7 Jill Schuster	10	Byron	8-00.00	7-06.00	3
8 Geneva Sorenson	9	Lake City	6-00.00	7-00.00	2
9 Kalli Jo Klocke	9	Hayfield	7-00.00	7-00.00	0.33

Girls Long Jump

Meet Record: 18-00 1979 Sue Carter (Plainview)						
Name	Year	School	Seed	Finals	Points	
1 Mara Quam	10	Kenyon-Wanamingo	17-04.00	17-05.75	12	
2 Taylor Wiebke	12	Kasson-Mantorvil	18-00.50	17-04.50	10	
3 Emma Thomley	11	Cannon Falls	15-03.00	15-08.50	8	
4 Grayce Adler	10	Lake City	15-04.00	15-08.25	6	
5 Brooke Hogan	11	Cannon Falls	15-07.00	15-01.50	5	2nd: 14-08.75
6 Madison Heydt	12	Hayfield	15-09.00	15-01.50	4	2nd: 14-05.00
7 Connor Zamzow	10	Byron	15-03.00	15-01.25	3	
8 Madison House	11	Pine Island	14-11.00	14-11.00	2	
9 Payton Thompson	9	Kasson-Mantorvil	14-00.00	14-06.50	1	

Girls Triple Jump

Meet Record: 36-05 2001 Lauren Burmeister (Hayfield)						
Name	Year	School	Seed	Finals	Points	
1 Emma Weatherly	9	Byron	34-08.00	34-11.75	12	
2 Mara Quam	10	Kenyon-Wanamingo	34-06.50	33-10.75	10	
3 Kaly Banks	9	Cannon Falls	33-11.25	33-05.25	8	
4 Sarah Bernards	11	Kasson-Mantorvil	32-09.00	32-08.75	6	
5 Connor Zamzow	10	Byron	34-01.00	32-01.75	5	
6 Julia Anderson	10	Lake City	32-01.00	31-05.00	4	
7 Lexi Barth	11	Byron	32-07.00	31-03.50	3	
8 Lara Boyum	10	Kasson-Mantorvil	32-06.00	30-11.75	2	2nd: 30-10.50
9 Olivia Gossard	10	Kasson-Mantorvil	32-04.00	30-11.75	1	2nd: 30-07.50

Girls Shot Put

Meet Record: 41-07 1997 Meaghan Beck (Byron)					
Name	Year	School	Seed	Finals	Points
1 Maddie Lindhart	12	Zumbrota-Mazeppa	43-06.00	43-05.50	12
2 Ayoka Lee	9	Byron	36-04.00	36-03.75	10
3 Hailey Bahr	9	Byron	32-07.00	33-00.00	8
4 Maddie Hintz	11	Byron	32-01.00	30-02.00	6
5 Paige Meist	8	Cannon Falls	29-09.50	30-01.00	5
6 Cassandra Drees	12	Stewartville	30-06.00	29-06.25	4
7 Bryanna Hetrick	11	Hayfield	30-08.00	29-05.50	3
8 Lauren Miller	9	Zumbrota-Mazeppa	30-06.00	29-03.00	2
9 Mackenzie Churchward	11	Kasson-Mantorvil	27-00.00	28-05.50	1

Girls Discus Throw

Meet Record: 127-10 1998 Nicole Wellik (Stewartville)					
Name	Year	School	Seed	Finals	Points
1 Maddie Lindhart	12	Zumbrota-Mazeppa	137-01	132-04	12
2 Kyra Abrams	10	Byron	105-11	107-08	10
3 Michaela Thompson	11	Rochester Lourde	99-00	103-08	8
4 Danika Dahle	12	Stewartville	117-05	103-05	6
5 Maddie Hintz	11	Byron	103-04	94-06	5
6 Katrina Thoe	9	Hayfield	88-02	94-04	4
7 Paige Meist	8	Cannon Falls	86-09	86-05	3
8 Stephanie Hamlin	11	Kasson-Mantorvil	93-02	86-01	2
9 Makenna Theobald	7	Stewartville	76-05	84-07	1